



All our Fruit and Vegetables will be organic wherever possible. Please state if you don't want to have non-organic substitutes

| VEGETABLES ITEM | ORGANIC ORIGIN | ORD NOTES |
|------------------------------|---------------------------|----------------------------|
| AUBERGINE | kg SPAIN | |
| AVOCADO HASS | kg SPAIN | |
| BEETROOT | kg BORDERS | |
| BEETROOT COOKED | s SPAIN | |
| BROCCOLI | kg SPAIN/ITALY | |
| CABBAGE RED | kg HOLLAND/UK | |
| CABBAGE RED SPRING | s UK | |
| CABBAGE WHITE | kg HOLLAND/UK | |
| CARROTS RAINBOW WASHED | kg HOLLAND | |
| CARROTS WASHED | kg HOLLAND/UK | |
| CELERIAC | kg BORDERS / HOLLAND | |
| CELERY CUT | s SPAIN | |
| CHILLI RED | kg SPAIN | |
| COURGETTES | kg SPAIN | |
| CUCUMBER | s HOLLAND | |
| FENNEL | kg HOLLAND/ITALY | |
| GARLIC | kg SPAIN | |
| GINGER | kg PERU | |
| KALE GREEN TOPS | s BORDERS | |
| KOHLRABI RED | s SPAIN | |
| LEEKs | kg HOLLAND | |
| LETTUCE GREEN | s FRANCE | |
| MUSHROOM SHII-TAKE | kg HOLLAND | |
| MUSHROOMS CHESTNUT | kg HOLLAND | |
| MUSHROOMS FLAT | kg HOLLAND | |
| ONIONS BROWN | kg HOLLAND | |
| ONIONS RED | kg HOLLAND | |
| PEPPERS GREEN | kg SPAIN/HOL | |
| PEPPERS RED | kg SPAIN/HOL | |
| PEPPERS YELLOW | kg SPAIN/HOL | |
| POTATOES MARIS PIPER | 25 kg NORFOLK | £15 per sack Local Non Org |
| POTATOES MARFONA | kg BORDERS | Min 2.5Kg |
| POTATOES BAKERS | kg BORDERS | Min 2.5Kg |
| POTATOES DESIREE | kg UK | Min 2.5Kg |
| RAINBOW CHARD (200g) | s ITALY | |
| SHALLOTS | kg HOLLAND | |
| SPINACH (200g) | s WALES/SPAIN | |
| SPRING ONIONS | s SPAIN | |
| SQUASH BUTTERNUT (800/1200g) | kg SPAIN | |
| SWEDE | kg BORDERS | |
| SWEET POTATOES | kg SPAIN/PERU | |
| TOMS CHERRY VINE | kg SPAIN | |
| TOMS VINE | kg SPAIN | |
| TURMERIC | kg PERU | |
| WATERCRESS HURDS | s UK | |

| FRUIT | | | | |
|------------------|----|----------------|--|--|
| APPLES BRAEBURN | kg | ITALY | | |
| APPLES GALA | kg | ITALY | | |
| APPLES BONITA | kg | ITALY | | |
| APPLES PINK LADY | kg | USA | | |
| BANANAS | kg | DOM REP / PERU | | |
| BLUEBERRIES | s | SPAIN / CHILE | | |
| DATES | kg | USA | | |
| GRAPEFRUIT RED | s | SPAIN | | |
| KIWI | kg | ITALY | | |
| LEMONS | kg | SPAIN | | |
| LIMES | kg | MORROCCO | | |
| ORANGES | kg | SPAIN | | |
| PEARS WILLIAMS | kg | ARGENTINA | | |
| PLUMS | kg | CHILE | | |
| RHUBARB | kg | BORDERS | | |

Bakery

| | |
|-----------------|--|
| 400g Loaves | |
| 800g Loaves | |
| Rolls (4 Pack) | |
| Sourdough 500g | |
| Sourdough 1kg | |
| Other (Artisan) | |

Grocery

Crisps & Vegan alternatives

Chutneys & Pickles

Pasta

Tinned goods

Soups

Beans

Pulses

Oils

Local

Premium

Pesto / Antipasti

Biscuits

Sweet

Savoury

Cakes & traybakes

Crackers / Flatbreads

Chocolate / Confectionery

Household goods

Condiments

Jams / Honey

Bagged Grains / Pulses / Fruit

Cereals / Oats

Flour

Butchery

Unit

Beef

| | |
|------------------|----|
| MINCED BEEF | Kg |
| SIRLOIN STEAK | Kg |
| TOPSIDE | Kg |
| RUMP STEAK | Kg |
| MINCED STEAK | Kg |
| DICED BEEF | Kg |
| RIB STEAK | Kg |
| BEEF BRISKET | Kg |
| SHIN OF BEEF | Kg |
| BEEF RIB ON BONE | Kg |
| SANDWICH STEAK | Kg |
| BRAISING STEAK | Kg |
| CHUCK STEAK | Kg |
| BEEF BURGER 4 OZ | Kg |
| FEATHER BLADE | Kg |

Bacon & Gammon

| | |
|----------------------------------|----|
| FREE RANGE BLACK TREACLE BACK BA | Kg |
| FREE-RANGE SMOKED BACK BACON | Kg |
| FREE-RANGE UNSMOKED BACK BACON | Kg |
| FREE RANGE SMOKED STREAKY | Kg |
| FR RANGE UNSMOKED GAMMON | Kg |
| SMOKED GAMMON | Kg |
| F/R UNSMOKED STREAKY | Kg |

Lamb (SUBJECT TO AVAILABILITY)

| | |
|--------------------------|----|
| LEG OF LAMB | Kg |
| SHOULDER OF LAMB | Kg |
| ORGANIC LAMB LOIN CHOPS | Kg |
| ORGANIC RACK OF LAMB | Kg |
| ORGANIC LAMB CHUMP CHOPS | Kg |
| ORGANIC NECK OF LAMB | Kg |
| ORGANIC MINCED LAMB | Kg |
| LAMB SHANK | Kg |
| ORGANIC DICED LAMB | Kg |
| ORGANIC LAMBS LIVER | Kg |
| ORGANIC LAMB LEG STEAKS | Kg |
| ORGANIC LEG OF MUTTON | Kg |

Poultry (SUBJECT TO AVAILABILITY)

| | |
|----------------------------|----|
| ORGANIC WHOLE CHICKEN | Kg |
| ORGANIC CHICKEN BREASTS | Kg |
| ORG BREAST WITH BONE | Kg |
| ORGANIC WHOLE CHICKEN LEGS | Kg |
| ORGANIC CHICKEN THIGHS | Kg |
| ORGANIC CHICKEN WINGS | Kg |
| ORGANIC CHICKEN DRUMSTICKS | Kg |

Sausages

| | |
|---------------------------|----|
| TRADITIONAL SAUSAGES | Kg |
| BUTCHERS SPECIAL SAUSAGES | Kg |

Other (SUBJECT TO AVAILABILITY)

| | |
|--------------------------|----|
| WILD VENISON STEAK | Kg |
| WILD DICED VENISON | Kg |
| WILD VENISON LOIN STEAKS | Kg |
| WILD VENISON SAUSAGES | Kg |
| WILD VENISON BURGERS | Kg |
| BLACK PUDDING | Kg |

Deli

Unit

Savoury

| | |
|-----------------------|--|
| SAUSAGE ROLL | |
| SCOTCH EGG | |
| VEGGIE SCOTCH EGG | |
| THAI FISHCAKE | |
| SPANISH FRITTATA | |
| VEGGIE FRITTERS | |
| ONION BHAJI | |
| CRUSTLESS QUICHE | |
| QUICHES | |
| SMALL BRAYS PIE | |
| LARGE BRAY PIE | |
| COLESLAW | |
| DELI SALAD OF THE DAY | |
| POTATO SALAD | |
| MACKEREL PATE | |
| CHEF MADE HUMMUS | |
| SAVOURY TART | |
| PASTY | |
| CHARCUTERIE MEATS | |
| CRUSTLESS QUICHE | |
| PYE QUICHE 2019 | |
| SMALL BRAYS PIE | |
| LARGE BRAY PIE | |

Sweet

| | |
|-------------------|--|
| CHOCOLATE BROWNIE | |
| SHORTBREAD | |
| MERINGUES | |
| JAMMY DODGER | |
| FLAPJACK | |
| LARGE COOKIES | |
| CINNAMON BUN | |
| TRAY BAKE | |
| ECCLES CAKE | |
| SWEET TART | |
| PASTY | |

Cheese**Unit**

| | |
|-------------------------------|--|
| MRS TEMPLES BINHAM BLUE | |
| BLACK BOMBER | |
| GODMINSTER VINTAGE | |
| ORGANIC PARMESAN | |
| NORFOLK DAPPLE | |
| MONTGOMERY CHEDDAR | |
| MRS TEMPLE COPYS CLOUD | |
| BARON BIGOD | |
| LOCH ARTHUR | |
| LINCOLNSHIRE POACHER | |
| MANCHEGO | |
| COMTE | |
| SPARKENHOE RED LEICESTER | |
| COLSTON BASSET | |
| RACHEL | |
| WALSINGHAM | |
| BRINKBURN | |
| NORFOLK WHITE LADY | |
| NORFOLK MARDLER | |
| BRIE DE MEAUX | |
| TICKLEMORE | |
| WISSINGTON | |
| NORFOLK TAWNY | |
| YARG NETTLE CORNISH CHEESE | |
| ALPINE | |
| ORG BISHOP BLUE STILTON | |
| NORFOLK LADY | |
| SMOKED NORFOLK DAPPLE | |
| STAR CHEESE | |
| CHAUMES | |
| ORGANIC PECORINO | |
| PERL LAS | |
| MIMOLETTE | |
| ORGANIC GORGONZOLA | |
| WENSLEYDALE | |
| PERL WEN | |
| TUNWORTH | |
| SMOKED GODMINSTER | |
| WIGMORE | |
| LORD OF THE HUNDREDS | |
| GOLDEN CROSS | |
| KIRKHAMS | |
| MOZZARELLA DI BUFFALO CAMPANA | |
| QUINCE JELLY | |
| TALEGGIO | |
| APPLEBYS CHESHIRE | |
| DELICE DE BOURGOGNE | |

Dairy

Unit

Milk

| | |
|---------------------|-----|
| SEMI SKIMMED MILK | 1L |
| MILK | 1L |
| HAZELNUT MILK DRINK | 1LT |
| OATLY | 1L |

Cream

| | |
|---------------------|-------|
| CXC | 170g |
| DOUBLE CREAM | 170g |
| DEVON CREME FRAICHE | 170g |
| DOUBLE CREAM LARGE | 1/2PT |
| SINGLE CREAM LARGE | 1/2PT |

Butters

| | |
|---------------------------|------|
| LAKELAND UNSALTED | |
| CALON WEN UNSALTED BUTTER | 250g |
| GOATS BUTTER | 250G |
| CALON WEN SALTED BUTTER | 250g |
| LAKELAND BUTTER | |
| ABERNETHY BUTTER | |

Yoghurt

| | |
|-----------------------|------|
| LOCAL YOGHURT | 500G |
| LOCAL YOGHURT LOW FAT | 500G |
| KATY NATURAL YOGURT | 490G |
| SMALL YOGHURT | 150G |
| KATY YOGHURT | 490G |
| BIONA NATURAL KEFIR | 250G |

Ready Meals

| | |
|-------------------|------|
| Lamb Curry 400g | 400g |
| Lamb Curry 800g | 800g |
| Veg Curry 400g | 400g |
| Veg Curry 800g | 800g |
| Fish Pie 400g | 400g |
| Fish Pie 800g | 800g |
| Cottage Pie 400g | 400g |
| Cottage Pie 800g | 800g |
| Meat Lasagne 400g | 400g |
| Meat Lasagne 800g | 800g |
| Veg Lasagne 400g | 400g |
| Veg Lasagne 800g | 800g |

Freezer

| | |
|---------------|--|
| Ice cream | |
| Peas | |
| Chips | |
| Frozen Fruits | |